

Rivers Group Exercise

Droitwich Spa Leisure Centre

Accurate as of 30/11/2024

Times for Saturday 30 November



Time	Session	Facility
08:45 - 09:15	GRIT™ Athletic	Studio 1
08:45 - 09:15	GRIT™ Cardio	Studio 1
09:30 - 10:30	BODYPUMP™	Studio 1