

Pool Timetable

Diss Swim Centre

Accurate as of 13/03/2025

Times for Tuesday 11 February



Time	Session	Facility
06:00 - 08:00	Lane swim	Main Pool
08:15 - 09:00	Aqua Fit	Main Pool
09:15 - 11:15	School Swimming	Main Pool
11:45 - 12:30	Aqua Zumba	Main Pool
12:45 - 14:15	Lane swim	Main Pool
12:45 - 14:15	Family Swim	Learner Pool
14:30 - 15:30	SEN Swim	Main Pool
14:30 - 15:30	SEN Swim	Learner Pool
15:45 - 17:45	Swim School	Main Pool
15:45 - 17:45	Swim School	Learner Pool
17:45 - 18:45	Adult Lessons (Half Pool)	Main Pool
17:45 - 18:45	Family Swim	Learner Pool
18:00 - 19:00	Junior Swim Fit	Main Pool
18:00 - 19:00	Swim Fit	Main Pool
19:15 - 21:45	Lane swim	Main Pool