Garstang Fitness Classes Timetable

Garstang Leisure Centre

Accurate as of 17/05/2024

Times for Thursday 9 July

Time	Session	Facility	Instructor
09:00 - 09:45	Spinning	Studio	Dave S
10:00 - 11:00	Zumba Tone	Studio	Jane
18:00 - 19:00	Retromovez	Studio	Lisa
19:30 - 20:30	Piloxing	Studio	Lisa