## Garstang Fitness Classes Timetable Garstang Leisure Centre

## Accurate as of 18/08/2024

Times for Saturday 24 August				<b>(</b>
Time	Session	Facility	Instructor	
08:30 - 09:30	H.I.I.T	Studio	Lisa	
10:00 - 11:00	Zumba	Studio	Lisa	