

# Mounts Baths Studio Programme

## Mounts Baths Leisure Centre

Accurate as of 01/11/2024

### Times for Monday 6 May



Time	Session	Facility	Instructor
09:30 - 10:15	Yoga 14+	Dance Studio	Tracey
11:00 - 11:45	TaeBo	Dance Studio	Martin
14:30 - 21:00	Centre Closed	Dance Studio	Fitness Instructor