


Swimming Timetable

The Spa At Beckenham

Accurate as of 13/05/2024

| Times for Friday 27 September | | |  |
|-------------------------------|---|-----------------------|---|
| Time | Session | Facility | |
| 06:00 - 08:00 | Swimming Clubs | Main Pool | |
| 06:00 - 08:00 | Adults Only | Main Pool | |
| 08:00 - 08:45 | AquaFit 16+ | Main Pool | |
| 08:00 - 09:00 | Pool Closed | Teaching Pool (20.0m) | |
| 08:00 - 17:30 | Lane Swim (number of lanes determined by other pool activities) | Main Pool | |
| 08:00 - 18:30 | General Swimming | Main Pool | |
| 09:00 - 09:30 | Swimming Academy | Teaching Pool (20.0m) | |
| 09:35 - 10:25 | Primetime AquaFit | Teaching Pool (20.0m) | |
| 10:30 - 12:30 | Swimming Academy | Teaching Pool (20.0m) | |
| 12:30 - 13:30 | Family Splash | Teaching Pool (20.0m) | |
| 13:00 - 14:00 | Swimming Academy | Main Pool | |
| 13:30 - 19:00 | Swimming Academy | Teaching Pool (20.0m) | |
| 17:30 - 20:30 | Swimming Clubs | Main Pool | |
| 18:30 - 22:00 | Adults Only | Main Pool | |
| 19:00 - 20:30 | Swimming Clubs | Teaching Pool (20.0m) | |
| 20:30 - 21:00 | Pool Closed | Teaching Pool (20.0m) | |