


Swimming Timetable

The Spa At Beckenham

Accurate as of 29/04/2024

Times for Friday 28 February			
Time	Session	Facility	
06:00 - 08:00	Swimming Clubs	Main Pool	
06:00 - 08:00	Adults Only	Main Pool	
08:00 - 08:45	AquaFit 16+	Main Pool	
08:00 - 09:00	Pool Closed	Teaching Pool (20.0m)	
08:00 - 17:30	Lane Swim (number of lanes determined by other pool activities)	Main Pool	
08:00 - 18:30	General Swimming	Main Pool	
08:45 - 09:30	AquaFit 16+	Main Pool	
09:00 - 09:30	Swimming Academy	Teaching Pool (20.0m)	
09:35 - 10:25	Primetime AquaFit	Teaching Pool (20.0m)	
10:30 - 12:30	Swimming Academy	Teaching Pool (20.0m)	
12:30 - 13:30	Family Splash	Teaching Pool (20.0m)	
13:00 - 14:00	Swimming Academy	Main Pool	
13:30 - 19:00	Swimming Academy	Teaching Pool (20.0m)	
17:30 - 20:30	Swimming Clubs	Main Pool	
18:30 - 22:00	Adults Only	Main Pool	
19:00 - 20:30	Swimming Clubs	Teaching Pool (20.0m)	
20:30 - 21:00	Pool Closed	Teaching Pool (20.0m)	