


# Swimming Timetable

## The Spa At Beckenham

Accurate as of 29/04/2024

Times for Sunday 1 March			
Time	Session	Facility	
08:00 - 08:45	Family Splash (45 minutes)	Teaching Pool (20.0m)	
08:00 - 18:00	General Swimming	Main Pool	
08:00 - 18:00	Lane Swim (number of lanes determined by other pool activities)	Main Pool	
08:45 - 09:30	Family Splash (45 minutes)	Teaching Pool (20.0m)	
09:30 - 10:15	Family Splash (45 minutes)	Teaching Pool (20.0m)	
10:15 - 11:00	Family Splash (45 minutes)	Teaching Pool (20.0m)	
11:00 - 11:45	Family Splash (45 minutes)	Teaching Pool (20.0m)	
11:45 - 12:30	Family Splash (45 minutes)	Teaching Pool (20.0m)	
12:30 - 13:15	Family Splash (45 minutes)	Teaching Pool (20.0m)	
13:15 - 14:00	Family Splash (45 minutes)	Teaching Pool (20.0m)	
14:00 - 18:00	Parties	Teaching Pool (20.0m)	
17:00 - 17:45	Disney family swim	Teaching Pool (20.0m)	
18:00 - 20:00	Adults Only	Main Pool	
18:05 - 18:55	AquaFit 16+	Main Pool	
18:55 - 20:00	Pool Closed	Teaching Pool (20.0m)	