


Swimming Timetable

The Spa At Beckenham

Accurate as of 04/05/2024

Times for Thursday 25 April			
Time	Session	Facility	
06:00 - 09:00	Pool Closed	Teaching Pool (20.0m)	
06:00 - 19:30	Lane Swim (number of lanes determined by other pool activities)	Main Pool	
06:00 - 22:00	General Swimming	Main Pool	
08:00 - 08:45	AquaFit 16+	Main Pool	
08:45 - 09:30	AquaFit 16+	Main Pool	
09:30 - 10:30	Swimming Academy	Main Pool	
09:30 - 12:00	Swimming Academy	Teaching Pool (20.0m)	
12:00 - 12:45	Toddler Sing and Splash	Teaching Pool (20.0m)	
12:45 - 13:30	Toddler Sing and Splash	Teaching Pool (20.0m)	
13:00 - 15:00	Swimming Academy	Main Pool	
13:30 - 19:30	Swimming Academy	Teaching Pool (20.0m)	
16:00 - 20:30	Swimming Academy	Main Pool	
19:20 - 20:00	AquaFit 16+	Main Pool	
19:30 - 21:00	Swimming Clubs	Main Pool	
19:30 - 22:00	General Swimming	Main Pool	
20:30 - 22:00	Swimming Academy	Teaching Pool (20.0m)	
20:30 - 22:00	Lane Swim (number of lanes determined by other pool activities)	Main Pool	