


# Swimming Timetable

## Walnuts Leisure Centre

Accurate as of 08/05/2024

Times for Friday 18 October			
Time	Session	Facility	
06:30 - 07:30	Lane Swim - 1 Lane Only	Main Pool	
06:30 - 21:00	General Swimming	Main Pool	
07:30 - 10:30	Lane Swim	Main Pool	
09:30 - 15:00	Learn to swim	Teaching Pool (12.8m)	
10:30 - 11:30	AquaFit - Shallow End	Main Pool	
10:30 - 11:30	Lane Swim - 1 Lane Only	Main Pool	
10:30 - 11:30	No Shallow End	Main Pool	
12:15 - 16:30	Lane Swim	Main Pool	
15:00 - 16:00	Family Fun	Teaching Pool (12.8m)	
16:00 - 16:30	No Shallow End	Main Pool	
16:00 - 19:30	Learn to swim	Teaching Pool (12.8m)	
17:00 - 21:00	Swimming Clubs	Main Pool	
20:00 - 21:00	Lane Swim	Main Pool	