# exercise class programme
## Sandwich Leisure Centre

**Accurate as of 12/10/2024**

### Times for Tuesday 10 December

| Time | Session | Facility | Instructor | Level |
|---|---|---|---|---|
| 9:35 am - 10:35 am | Body Sculpt | Studio 1 | Debbie | all levels |
| 6:20 pm - 7:05 pm | Body Attack | Studio 1 | | all levels |
| 7:10 pm - 8:10 pm | Fitness Pilates | Studio 1 | | all levels |