

# exercise class programme

## Sandwich Leisure Centre

Accurate as of 26/04/2024

### Times for Tuesday 7 July



Time	Session	Facility	Instructor	Level
9:35 am - 10:35 am	Body Sculpt	Studio 1	Debbie	all levels
6:20 pm - 7:05 pm	Body Attack	Studio 1		all levels
7:10 pm - 8:10 pm	Fitness Pilates	Studio 1		all levels