


exercise class programme

Sandwich Leisure Centre

Accurate as of 04/05/2024

Times for Tuesday 7 July					
Time	Session	Facility	Instructor	Level	
9:35 am - 10:35 am	Body Sculpt	Studio 1	Debbie	all levels	
6:20 pm - 7:05 pm	Body Attack	Studio 1		all levels	
7:10 pm - 8:10 pm	Fitness Pilates	Studio 1		all levels	