Nidderdale Pool and Leisure Centre Nidderdale Pool & Leisure Centre

Accurate as of 10/05/2024

| Times for Monday 15 January | | |
|-----------------------------|--------------------------|---------------------|
| Time | Session | Facility |
| 07:30 - 09:00 | General Swim Early Riser | Indoor Pool (20.0m) |
| 10:15 - 10:45 | Learn to swim | Indoor Pool (20.0m) |
| 14:00 - 15:00 | Relaxation Hour | Indoor Pool (20.0m) |
| 15:00 - 16:15 | General Swim | Indoor Pool (20.0m) |
| 16:30 - 18:00 | Learn to swim | Indoor Pool (20.0m) |
| 18:00 - 20:00 | General Swim | Indoor Pool (20.0m) |
| 20:00 - 21:00 | Adults Only | Indoor Pool (20.0m) |