## Nidderdale Pool and Leisure Centre Nidderdale Pool & Leisure Centre

## Accurate as of 11/05/2024

Times for Wednesday 17 January		
Time	Session	Facility
07:30 - 09:00	General Swim Early Riser	Indoor Pool (20.0m)
09:00 - 10:15	General Swim	Indoor Pool (20.0m)
10:30 - 11:15	Aquafit	Indoor Pool (20.0m)
11:15 - 13:00	General Swim	Indoor Pool (20.0m)
13:00 - 15:15	Schools	Indoor Pool (20.0m)
15:15 - 16:15	General Swim	Indoor Pool (20.0m)
16:30 - 18:00	Learn to swim	Indoor Pool (20.0m)
18:00 - 19:15	General Swim	Indoor Pool (20.0m)
20:00 - 21:00	Adults Only	Indoor Pool (20.0m)