

# Nidderdale Pool and Leisure Centre

## Nidderdale Pool & Leisure Centre

Accurate as of 19/04/2024

### Times for Monday 22 January



Time	Session	Facility
07:30 - 09:00	General Swim Early Riser	Indoor Pool (20.0m)
10:15 - 10:45	Learn to swim	Indoor Pool (20.0m)
14:00 - 15:00	Relaxation Hour	Indoor Pool (20.0m)
15:00 - 16:15	General Swim	Indoor Pool (20.0m)
16:30 - 18:00	Learn to swim	Indoor Pool (20.0m)
18:00 - 20:00	General Swim	Indoor Pool (20.0m)
20:00 - 21:00	Adults Only	Indoor Pool (20.0m)