Nidderdale Pool and Leisure Centre Nidderdale Pool & Leisure Centre

Accurate as of 12/05/2024

Times for Monday 19 August			(
Time	Session	Facility	
07:30 - 09:15	General Swim Early Riser	Indoor Pool (20.0m)	
09:15 - 10:15	Lane Swim	Indoor Pool (20.0m)	
10:15 - 10:45	Learn to swim	Indoor Pool (20.0m)	
10:45 - 12:00	General Swim	Indoor Pool (20.0m)	
12:00 - 12:30	Adult Swimming Lessons	Indoor Pool (20.0m)	
12:30 - 13:30	General Swim	Indoor Pool (20.0m)	
13:30 - 14:30	NEW Relaxation Zone	Indoor Pool (20.0m)	
14:30 - 16:15	Family Swim	Indoor Pool (20.0m)	
16:30 - 18:00	Learn to swim	Indoor Pool (20.0m)	
18:00 - 19:15	General Swim	Indoor Pool (20.0m)	
19:15 - 20:00	Aquafit	Indoor Pool (20.0m)	
20:00 - 21:00	Adults Only	Indoor Pool (20.0m)	