


# Nidderdale Pool and Leisure Centre

## Nidderdale Pool & Leisure Centre

Accurate as of 09/04/2024

Times for Wednesday 21 August			
Time	Session	Facility	
07:30 - 09:15	General Swim Early Riser	Indoor Pool (20.0m)	
09:15 - 10:15	Lane Swim	Indoor Pool (20.0m)	
10:30 - 11:15	Aquafit	Indoor Pool (20.0m)	
11:15 - 13:00	General Swim	Indoor Pool (20.0m)	
13:00 - 14:00	General Swim	Indoor Pool (20.0m)	
14:00 - 16:00	Family Swim	Indoor Pool (20.0m)	
16:30 - 18:00	Learn to swim	Indoor Pool (20.0m)	
18:00 - 20:00	General Swim	Indoor Pool (20.0m)	
20:00 - 20:30	Adults Only	Indoor Pool (20.0m)	
20:00 - 20:30	Adult Swimming Lessons	Indoor Pool (20.0m)	