

Nidderdale Pool and Leisure Centre

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Accurate as of 05/05/2024

Times for Wednesday 28 August



Time	Session	Facility
07:30 - 09:15	General Swim Early Riser	Indoor Pool (20.0m)
09:15 - 10:15	Lane Swim	Indoor Pool (20.0m)
10:30 - 11:15	Aquafit	Indoor Pool (20.0m)
11:15 - 13:00	General Swim	Indoor Pool (20.0m)
13:00 - 14:00	General Swim	Indoor Pool (20.0m)
14:00 - 16:00	Family Swim	Indoor Pool (20.0m)
16:30 - 18:00	Learn to swim	Indoor Pool (20.0m)
18:00 - 20:00	General Swim	Indoor Pool (20.0m)
20:00 - 20:30	Adults Only	Indoor Pool (20.0m)
20:00 - 20:30	Adult Swimming Lessons	Indoor Pool (20.0m)