

# Pendle Wavelengths Swimming & Fitness Classes

## Pendle Wavelengths

Accurate as of 22/11/2024

### Times for Saturday 23 November



Time	Session	Facility
08:00 - 09:00	Early Birds (Adult Only)	Leisure Pool (25.0m)
08:00 - 18:00	Gym Open Session	Gym
09:00 - 12:30	Private Swimming Lessons	Leisure Pool (25.0m)
09:30 - 10:30	Group Fight	Dance Studio / Hall
10:00 - 16:30	Public Swimming	Leisure Pool (25.0m)
10:45 - 11:45	Group Groove	Dance Studio / Hall
11:00 - 17:00	Gym Open Session	Junior Gym
12:30 - 13:30	Adult Taekwondo	Dance Studio / Hall
13:00 - 13:45	Zig Zag Dance Mat Fever	Dance Studio / Hall
14:00 - 15:00	Inflatable Fun Session	Leisure Pool (25.0m)
15:00 - 15:45	Zig Zag Dance Mat Fever	Dance Studio / Hall
17:45 - 19:45	Available for Parties & Private Hire	Leisure Pool (25.0m)