

# Pendle Wavelengths Swimming & Fitness Classes

## Pendle Wavelengths

Accurate as of 25/11/2024

### Times for Saturday 30 November



| Time          | Session                              | Facility             |
|---------------|--------------------------------------|----------------------|
| 08:00 - 09:00 | Early Birds (Adult Only)             | Leisure Pool (25.0m) |
| 08:00 - 18:00 | Gym Open Session                     | Gym                  |
| 09:00 - 12:30 | Private Swimming Lessons             | Leisure Pool (25.0m) |
| 09:30 - 10:30 | Group Fight                          | Dance Studio / Hall  |
| 10:00 - 16:30 | Public Swimming                      | Leisure Pool (25.0m) |
| 10:45 - 11:45 | Group Groove                         | Dance Studio / Hall  |
| 11:00 - 17:00 | Gym Open Session                     | Junior Gym           |
| 12:30 - 13:30 | Adult Taekwondo                      | Dance Studio / Hall  |
| 13:00 - 13:45 | Zig Zag Dance Mat Fever              | Dance Studio / Hall  |
| 14:00 - 15:00 | Inflatable Fun Session               | Leisure Pool (25.0m) |
| 15:00 - 15:45 | Zig Zag Dance Mat Fever              | Dance Studio / Hall  |
| 17:45 - 19:45 | Available for Parties & Private Hire | Leisure Pool (25.0m) |