

# exercise class programme

## Crowborough Leisure Centre

Accurate as of 18/05/2024

Times for Monday 19 November			
Time	Session	Instructor	Level
9:15 am - 10:15 am	Body Pump	Mandy Warner	
6:15 pm - 7:15 pm	Body Combat	Claudia	
7:30 pm - 8:30 pm	Body Pump	Mandy Warner	