

public swimming times

King Alfred Leisure Centre

Accurate as of 05/05/2024

Times for Wednesday 1 May



Time	Session	Facility
6:30 am - 10:00 am	Lane Swimming (3 lanes)	main pool (25m)
9:00 am - 9:45 am	School Swimming	main pool (25m)
10:00 am - 11:00 am	Women Only	main pool (25m)
11:00 am - 11:45 am	Aqua Aerobics	main pool (25m)
11:00 am - 12:00 pm	Open Swim (2 lanes)	main pool (25m)
11:00 am - 6:00 pm	Open Swim	lagoon
11:30 am - 12:30 pm	Parent & Toddler (under 5s)	teaching pool (12.5m)
12:00 pm - 1:30 pm	Open Swim (3 lanes)	main pool (25m)
1:30 pm - 3:00 pm	School Swimming	main pool (25m)
1:30 pm - 3:30 pm	Lane Swimming (3 lanes)	main pool (25m)
3:30 pm - 6:00 pm	Swim School	main pool (25m)
3:30 pm - 6:00 pm	Swim School	teaching pool (12.5m)
6:00 pm - 8:00 pm	Slide / Flume Available	lagoon
6:00 pm - 8:00 pm	Open Swim	lagoon
6:00 pm - 10:00 pm	Open Swim (3 lanes)	main pool (25m)