

public swimming times

Prince Regent Swimming Complex

Accurate as of 02/05/2024

Times for Wednesday 29 May



| Time | Session | Facility | Instructor | # Lanes | Level |
|---------------------|------------------|-----------------------|------------|---------|------------|
| 10:30 am - 11:15 am | Crash Course | teaching pool (12.5m) | | | |
| 10:30 am - 6:00 pm | Floats & Fun | shallow pool | | | |
| 11:15 am - 4:00 pm | Family Swim U8's | teaching pool (12.5m) | | | family |
| 2:00 pm - 2:45 pm | Swim School | flexi pool | | | all levels |