

public swimming times

Prince Regent Swimming Complex

Accurate as of 02/05/2024

Times for Thursday 30 May



Time	Session	Facility	Instructor	# Lanes	Level
10:30 am - 11:15 am	Crash Course	teaching pool (12.5m)			beginner
10:30 am - 6:00 pm	Floats & Fun	shallow pool			
11:15 am - 4:00 pm	Family Swim U8's	teaching pool (12.5m)			family