

# public swimming times

## Hailsham Leisure Centre

Accurate as of 03/05/2024

### Times for Wednesday 3 June



Time	Session	Facility
6:30 am - 9:00 am	Lane Swimming	indoor pool (25m)
9:00 am - 10:30 am	Open Swim	indoor pool (25m)
9:00 am - 1:30 pm	Aquababes	teaching pool (5m)
10:30 am - 11:15 am	Aqua Aerobics	indoor pool (25m)
10:30 am - 1:30 pm	Parents & Under 8s	teaching pool (5m)
11:20 am - 12:05 pm	Water Therapy	indoor pool (25m)
12:15 pm - 1:30 pm	Lane Swimming	indoor pool (25m)
1:30 pm - 2:30 pm	Open Swim (3/4)	indoor pool (25m)
1:30 pm - 3:00 pm	Slide / Flume Available	indoor pool (25m)
2:30 pm - 3:45 pm	Open Swim	indoor pool (25m)
3:45 pm - 5:45 pm	Swim School	indoor pool (25m)
3:45 pm - 5:45 pm	Swim School	teaching pool (5m)
5:45 pm - 6:15 pm	Open Swim (3/4)	indoor pool (25m)
5:45 pm - 7:30 pm	Open Swim	teaching pool (5m)
5:45 pm - 7:30 pm	Slide / Flume Available	indoor pool (25m)
6:15 pm - 7:30 pm	Open Swim	indoor pool (25m)
7:30 pm - 8:30 pm	Aqua Aerobics	indoor pool (25m)
8:30 pm - 10:00 pm	Lane Swimming	indoor pool (25m)