

public swimming times

Hailsham Leisure Centre

Accurate as of 17/05/2025

Times for Thursday 4 June



Time	Session	Facility
6:30 am - 9:00 am	Lane Swimming	indoor pool (25m)
9:00 am - 11:00 am	Active 4 Life Swim	indoor pool (25m)
11:00 am - 11:45 am	Aqua Aerobics	indoor pool (25m)
12:00 pm - 1:30 pm	Lane Swimming	indoor pool (25m)
12:00 pm - 1:30 pm	Aquababes	teaching pool (5m)
1:30 pm - 2:30 pm	School Swimming	indoor pool (25m)
1:30 pm - 2:30 pm	School Swimming	teaching pool (5m)
2:30 pm - 3:45 pm	Open Swim	indoor pool (25m)
2:30 pm - 3:45 pm	Open Swim	teaching pool (5m)
3:45 pm - 5:45 pm	Swim School	indoor pool (25m)
3:45 pm - 5:45 pm	Swim School	teaching pool (5m)
5:45 pm - 7:30 pm	Open Swim	indoor pool (25m)
5:45 pm - 7:30 pm	Open Swim	teaching pool (5m)
7:30 pm - 8:30 pm	Adult Lessons	indoor pool (25m)
8:30 pm - 10:00 pm	Lane Swimming	indoor pool (25m)