


# public swimming times

## Hailsham Leisure Centre

Accurate as of 20/05/2024

Times for Friday 12 June			
Time	Session	Facility	
6:30 am - 9:00 am	Lane Swimming	indoor pool (25m)	
9:00 am - 11:00 am	School Swimming	indoor pool (25m)	
9:00 am - 11:00 am	School Swimming	teaching pool (5m)	
11:00 am - 11:45 am	Water Therapy	indoor pool (25m)	
11:00 am - 12:00 pm	Exercise Referral	teaching pool (5m)	
12:00 pm - 1:30 pm	Lane Swimming	indoor pool (25m)	
12:00 pm - 1:30 pm	Aquababes	teaching pool (5m)	
1:30 pm - 3:45 pm	School Swimming	indoor pool (25m)	
1:30 pm - 3:45 pm	School Swimming	teaching pool (5m)	
3:45 pm - 6:15 pm	Swim School	indoor pool (25m)	
3:45 pm - 6:15 pm	Swim School	teaching pool (5m)	
7:00 pm - 8:30 pm	Family Splashmania	indoor pool (25m)	
7:00 pm - 8:30 pm	Family Splashmania	teaching pool (5m)	
8:30 pm - 9:30 pm	Lane Swimming	indoor pool (25m)	