

# public swimming times

## Uckfield Leisure Centre

Accurate as of 17/05/2025

### Times for Thursday 23 March



| Time                | Session                     | Facility           |
|---------------------|-----------------------------|--------------------|
| 6:30 am - 9:00 am   | Lane Swimming               | Leisure Pool (25m) |
| 7:00 am - 10:00 am  | Parent & Toddler (under 5s) | Leisure Pool (25m) |
| 10:00 am - 11:00 am | Adults & Under 5s (Drop in) | Leisure Pool (25m) |
| 11:00 am - 12:30 pm | Open Swim                   | Leisure Pool (25m) |
| 11:00 am - 1:00 pm  | Swim School                 | Leisure Pool (25m) |
| 1:00 pm - 3:45 pm   | Parent & Toddler (under 5s) | Leisure Pool (25m) |
| 2:45 pm - 3:30 pm   | Water Therapy               | Leisure Pool (25m) |
| 3:45 pm - 6:15 pm   | Swim School                 | Leisure Pool (25m) |
| 6:15 pm - 8:00 pm   | Open Swim (1 lane)          | Leisure Pool (25m) |
| 8:00 pm - 10:00 pm  | Lane Swimming (3 lanes)     | Leisure Pool (25m) |