

public swimming times

Uckfield Leisure Centre

Accurate as of 17/05/2025

Times for Wednesday 28 June



Time	Session	Facility
6:30 am - 9:00 am	Lane Swimming (3 lanes)	Leisure Pool (25m)
7:00 am - 10:00 am	Parent & Toddler (under 5s)	Leisure Pool (25m)
12:00 pm - 1:00 pm	Parent & Toddler (under 5s)	Leisure Pool (25m)
12:30 pm - 2:00 pm	Open Swim (1 lane)	Leisure Pool (25m)
6:15 pm - 7:30 pm	Open Swim (1 lane)	Leisure Pool (25m)
7:30 pm - 8:15 pm	Aqua Power	Leisure Pool (25m)
8:15 pm - 10:00 pm	Women Only	Leisure Pool (25m)