## public swimming times Uckfield Leisure Centre

## Accurate as of 12/05/2024

Times for Wednesday 16 August			)
Time	Session	Facility	
6:30 am - 9:00 am	Lane Swimming (3 lanes)	Leisure Pool (25m)	
7:00 am - 10:00 am	Parent & Toddler (under 5s)	Leisure Pool (25m)	
12:00 pm - 1:00 pm	Parent & Toddler (under 5s)	Leisure Pool (25m)	
12:30 pm - 2:00 pm	Open Swim (1 lane)	Leisure Pool (25m)	
6:15 pm - 7:30 pm	Open Swim (1 lane)	Leisure Pool (25m)	
7:30 pm - 8:15 pm	Aqua Power	Leisure Pool (25m)	
8:15 pm - 10:00 pm	Women Only	Leisure Pool (25m)	