

# public swimming times

## Uckfield Leisure Centre

Accurate as of 30/04/2024

### Times for Wednesday 19 September



Time	Session	Facility
6:30 am - 9:00 am	Lane Swimming (3 lanes)	Leisure Pool (25m)
7:00 am - 10:00 am	Parent & Toddler (under 5s)	Leisure Pool (25m)
9:00 am - 10:00 am	Open Swim (1 lane)	Leisure Pool (25m)
10:00 am - 10:30 am	Adults & Under 5s (Drop in)	Leisure Pool (25m)
10:30 am - 12:00 pm	Swim School	Leisure Pool (25m)
12:00 pm - 1:00 pm	Parent & Toddler (under 5s)	Leisure Pool (25m)
12:30 pm - 2:00 pm	Open Swim (1 lane)	Leisure Pool (25m)
1:00 pm - 2:30 pm	Swim School	Leisure Pool (25m)
2:00 pm - 2:45 pm	Lane Swimming (shared use)	Leisure Pool (25m)
2:30 pm - 3:45 pm	Parent & Toddler (under 5s)	Leisure Pool (25m)
3:45 pm - 6:15 pm	Swim School	Leisure Pool (25m)
6:15 pm - 7:30 pm	Open Swim (1 lane)	Leisure Pool (25m)
7:30 pm - 8:15 pm	Aqua Power	Leisure Pool (25m)
8:15 pm - 10:00 pm	Women Only	Leisure Pool (25m)