

public swimming times

Uckfield Leisure Centre

Accurate as of 02/05/2024

| Times for Thursday 20 December | | |  |
|--------------------------------|-----------------------------|--------------------|---|
| Time | Session | Facility | |
| 6:30 am - 9:00 am | Lane Swimming | Leisure Pool (25m) | |
| 7:00 am - 10:00 am | Parent & Toddler (under 5s) | Leisure Pool (25m) | |
| 9:00 am - 2:30 pm | Open Swim | Leisure Pool (25m) | |
| 10:00 am - 11:00 am | Adults & Under 5s (Drop in) | Leisure Pool (25m) | |
| 11:00 am - 1:00 pm | Swim School | Leisure Pool (25m) | |
| 1:00 pm - 3:45 pm | Parent & Toddler (under 5s) | Leisure Pool (25m) | |
| 2:45 pm - 3:30 pm | Water Therapy | Leisure Pool (25m) | |
| 2:45 pm - 3:30 pm | Lane Swimming (shared use) | Leisure Pool (25m) | |
| 3:45 pm - 6:15 pm | Swim School | Leisure Pool (25m) | |
| 6:15 pm - 8:00 pm | Open Swim (1 lane) | Leisure Pool (25m) | |
| 8:00 pm - 10:00 pm | Lane Swimming (3 lanes) | Leisure Pool (25m) | |