

# public swimming times

## Uckfield Leisure Centre

Accurate as of 19/05/2024

Times for Wednesday 14 August			
Time	Session	Facility	
6:30 am - 9:00 am	Adult Lanes	Leisure Pool (25m)	
7:00 am - 10:00 am	Parent & Toddler (under 5s)	Splash Pool (5m)	
9:00 am - 10:00 am	Open Swim	Leisure Pool (25m)	
10:00 am - 12:00 pm	Swim School	Splash Pool (5m)	
10:30 am - 12:30 pm	Pool Closed	Leisure Pool (25m)	
12:30 pm - 3:45 pm	Open Swim	Leisure Pool (25m)	
2:30 pm - 3:45 pm	Parent & Toddler (under 5s)	Leisure Pool (25m)	
3:45 pm - 6:15 pm	Swim School	Leisure (25m) & Splash (5m)	
6:15 pm - 7:30 pm	Open Swim (1 lane)	Leisure Pool (25m)	
7:30 pm - 8:15 pm	Aqua Aerobics	Leisure Pool (25m)	
8:15 pm - 10:00 pm	Women Only	Leisure Pool (25m)	