

public swimming times

Uckfield Leisure Centre

Accurate as of 05/05/2024

Times for Friday 22 November



Time	Session	Facility
6:30 am - 9:00 am	Adult Lanes	Leisure Pool (25m)
7:00 am - 9:00 am	Parent & Toddler (under 5s)	Leisure Pool (25m)
9:00 am - 10:00 am	Aqua Aerobics	Leisure (25m) & Splash (5m)
10:00 am - 12:30 pm	Pool Closed	Leisure Pool (25m)
10:30 am - 1:00 pm	Swim School	Splash Pool (5m)
12:30 pm - 3:45 pm	Open Swim (1 lane)	Leisure Pool (25m)
1:00 pm - 3:45 pm	Parent & Toddler (under 5s)	Leisure Pool (25m)
3:45 pm - 6:15 pm	Swim School	Leisure (25m) & Splash (5m)
6:15 pm - 9:00 pm	Splashdance	Leisure (25m) & Splash (5m)