exercise class programmeHassocks Sports Centre

Accurate as of 19/05/2024

| Times for Thursday 16 July | | | | © |
|----------------------------|-----------------------------|-------------|------------|----------|
| Time | Session | Facility | Instructor | Level |
| 10:15 am - 11:15 am | Pilates | studio | | |
| 7:15 pm - 8:00 pm | Ricky Hatton Boxing Academy | sports hall | | |