

# South Woodham Ferrers Swimming Timetable

## South Woodham Ferrers Leisure Centre

Accurate as of 12/09/2024

### Times for Wednesday 18 September



| Time          | Session                                              | Facility      |
|---------------|------------------------------------------------------|---------------|
| 06:15 - 07:15 | Swimming Club                                        | Swimming Pool |
| 06:30 - 07:30 | Lane Swim                                            | Swimming Pool |
| 07:45 - 08:45 | Lane Swim                                            | Swimming Pool |
| 08:50 - 09:50 | Anytime Public & Lane Swim (17m)                     | Swimming Pool |
| 09:15 - 11:45 | Pre School Lessons                                   | Swimming Pool |
| 10:00 - 11:00 | School Session                                       | Swimming Pool |
| 11:05 - 12:00 | Anytime Public & Lane Swim (17m)                     | Swimming Pool |
| 12:05 - 13:25 | Lunchtime Lane Swim                                  | Swimming Pool |
| 13:25 - 14:00 | Schools                                              | Swimming Pool |
| 13:30 - 14:30 | Musical Splash session with toys and nursery rhymes* | Swimming Pool |
| 15:30 - 18:15 | Junior Lessons                                       | Swimming Pool |
| 18:30 - 20:00 | Swimming Club                                        | Swimming Pool |
| 18:30 - 20:00 | Anytime lane swim                                    | Swimming Pool |
| 20:05 - 21:05 | Aqua Fitness                                         | Swimming Pool |
| 21:10 - 21:55 | Aqua Deep                                            | Swimming Pool |
| 21:10 - 21:55 | Aqua Deep                                            | Swimming Pool |
| 21:10 - 21:55 | Anytime Public & Lane Swim (17m)                     | Swimming Pool |