exercise class programme
Summerfields Leisure Centre

Accurate as of 12/10/2024

Times for Monday 23 September

Time	Session	Facility	Instructor	Level
9:35 am - 10:20 am	Pilates	dance studio	Katie	
10:30 am - 11:30 am	Legs, Bums & Tums	dance studio	Serena	all levels