## **exercise class programme Summerfields Leisure Centre**

Accurate as of 23/04/2024

| Times for Friday 21 February |                  |          |            |       | <b>(</b> |
|------------------------------|------------------|----------|------------|-------|----------|
| Time                         | Session          | Facility | Instructor | Level |          |
| 9:35 am - 10:30 am           | Freedom Circuits | gym      | Katie      |       |          |